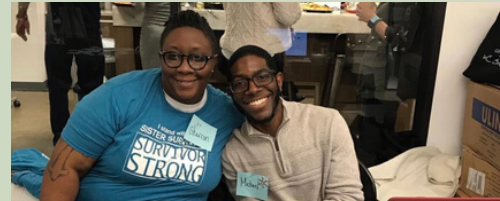




WC SAFE

**ANNUAL REPORT | 2018**



**Crisis Pager:** 313-430-8000 **General Phone:** 313-964-9701  
**Address:** 2727 Second Avenue, Suite 300 Detroit, Michigan 48201  
**Website:** [www.wcsafe.org](http://www.wcsafe.org)



@wcsafe



@wcsafe



[www.facebook.com/WCSAFE/](http://www.facebook.com/WCSAFE/)

1. A Message From Our Executive Director
2. Our Services
3. The Numbers
4. Empowerment In Action

5. Faces Behind Our Work
6. 2018 Financials
7. Thank You Donors
8. Ways To Help

# Leadership & Staff

## Board Members

Larry Breskin, [Breskin Law](#)  
Kristin Finton, [Ascension](#)  
L. Marie Lumpkin, [Wayne County Community College Detroit](#)  
Shoma Pal, [Community Member](#)  
Mike Pivoz, [Mellen, Smith & Pivoz](#)  
Juanita Reid, [Detroit Medical Center](#)  
Scott Stewart, [Honor Community Health](#)  
Diane Valade, [Henry Ford Health System](#)  
Nicole Wells Stallworth, [Oakland University](#)

## Staff Members

Kimberly Hurst, PA-C, MA, MS, [DFAAPA](#), Executive Director  
Dr. Patricia Nouhan, MD, Medical Director  
Glenda Cook, BS, CA, Director of Clinic Operations  
Erin Engel, RN, BSN, SANE-A, SANE-P, Co-Director of SAFE Program  
Trinea Gonczar, BA, Director of Development  
Katie Michael, BA, Director of Communications  
Kirstin Newmann-Sweeny, BSN, RN, SANE-A SANE- P, Co-Director of SAFE Program  
Melissa Novock, JD, Director of Human Trafficking  
Jessica Ojala, BSN, RN, SANE-A, SANE-P, Co-Director of SAFE Program

Benita Robinson, BA, Director of Crisis Services & Outreach  
Amy Smith, LMSW, CTP-C, Director of Healing Services  
Jennifer Treece, RN, Co-Director of SAFE Services  
Krystin Weinert, LLMSW, Sexual Assault Advocate  
Monica McCormick, CTP, RYT-200, Sexual Assault Advocate & Yoga Instructor  
Maria Romo, LLMSW, Child Advocate Specialist  
Florence Nelson, BS, SAKI Specialist  
Emilija Kraai, LLMSW, First Responder & Sexual Assault Advocate  
Danelle Foster, SAKI Specialist  
Sharron Fincher, Access Coordinator

# A Message From Our Executive Director, Kimberly Hurst, PA-C, MA, MS, DFAAPA



## Dear Friends,

2018 was another year of growth and exciting work at WC SAFE! The issue of sexual assault and abuse has never been more at the forefront of our societal consciousness. Between Tarana Burke's Me Too Movement, Oronike Odeleye's Mute R. Kelly initiative, Hollywood's Time's Up Movement, the Kavanaugh hearings, and the Nassar trial, people are finally starting to see the prevalence and devastation that sexual trauma causes. However, are they willing to keep talking about it, to really understand it, and work to bring about change, even after the social media hashtags have moved on to other hot topics?

The thing is, sexual assault and violence aren't hot topics, but deeply embedded cultural crises that deserve more than just our attention. They demand a decisive change in how we talk about sexual violence, how we react to sexual violence and how we work to end sexual violence as human beings.

Our team at WC SAFE spent a significant amount of time in 2018 working to ensure our mission, vision and core values are in true alignment with the needs of survivors of sexual violence. We feel it is part of our responsibility to lead these important conversations and help to not only keep the momentum of these conversations going, but to find ways that will make a real difference through innovation and action.

We are so excited to share that we are working towards initiatives that have never before been implemented in Michigan, and possibly the entire country. The dedication and passion our team embodies has informed our work in pushing the limits of our efforts towards effective and long lasting social change.

With Gratitude,  
*Kimberly Hurst*

# Our Services

## Sexual Assault Forensic Examiner Programs

We are staffed 24 hours a day, 7 days a week. Our services are free of charge. Services are available to ALL ages - men, women, and children. Counseling and advocacy services are available to anyone who identifies as a survivor of sexual assault, sexual abuse, incest or human trafficking, no matter when it occurred. Our services are available to anyone, despite where they live or where they were assaulted.



Medical Forensic Examination



Crisis Intervention



Survivor Advocacy



Expert Witness Testimony



Individual & Group Counseling



Social Justice & Community Justice

# The Numbers

**\$1,500**

The cost to provide our services to a survivor of sexual violence.

- An assault kit
- 3 months of counseling and advocacy
- Support in court and transportation

**1,500 women,  
men & children**

were served by WC  
SAFE In 2018!

**92%**

of all WC SAFE expenses go directly to supporting survivors of sexual assault!

**1 in 5**

of Michigan's 55,000 reported cases of sexual assault in Michigan happen In Wayne County.

**Double**

the sexual assault cases occur in Wayne County than any other county. **Making WC SAFE the largest and busiest medical forensic examination program in the state.**

# Empowerment In Action

## Peer Support Group

Our support group offers a warm, welcoming space for survivors to explore their reactions to trauma and work collaboratively in their healing journey. The group is survivor directed, and topics discussed and activities conducted are chosen according to members' interests and needs. The goal is to create a close, supportive community of survivors who will help each other move from trauma to personal growth and fulfillment.

4

## Go Getta's

The purpose of the group is to reach and work with survivors who have some of the most complex trauma and polyvictimization. Survivors who are currently incarcerated have specific trauma related to gender and intimate partner violence and have often been ignored and missed by multiple systems. This is a space where relevant resources and referrals are shared so a survivor can receive assistance both while on the inside and upon being released from jail.

## My Justice

An informative support group for sexual assault survivors to enlighten them about the criminal justice system and also exploring emotions surrounding their experience. This support group informs survivors about how they can protect themselves moving forward in an environment where they can feel safe around individuals with similar experiences.

## Trauma Informed Yoga



This class brings gentle movement and awareness in the body. Students are guided through basic yoga poses and breathing practices as they practice making choices based on what they feel. Students are invited to explore each pose at their own pace.

The program is based on alignment based yoga, as well as Trauma Center Trauma Sensitive Yoga (TCTSY) from the Justice Resource Center in Massachusetts. TCTSY is rooted in trauma theory, attachment theory, and neuroscience. It is an empirically validated, clinical intervention for complex trauma or chronic, treatment-resistant PTSD.

# Faces Behind Our Work

Trinea Gonczar is a survivor and advocate for victims of sexual abuse and all who are impacted as a result. As a former gymnast from Lansing and a survivor of the disgraced doctor Larry Nassar, Trinea was featured in the HBO documentary *At the Heart of Gold: Inside the USA Gymnastics Scandal*. Exploring options for other survivors in her case, she recognized that unfortunately there were minimal resources for survivors. In her search, Trinea found Wayne County SAFE where she currently serves as the Director of Development.

Trinea has recently been featured on the NPR podcast "Believed" as well as the Audible book "Twisted". She was selected as part of the speaker panel "Sister Survivors Round table" on ESPN. Speaking nationally about her experience has earned Trinea numerous accolades, including the Arthur Ashe Award at the ESPY's, which inspired the name of her first child,



5

Ashton (Ashe) in honor of the courage award of the year. The Humanitarian Award from Global Sports Development and the Humura Award from the EDJA foundation have also been awarded to Trinea in addition to being named one of *Glamour Magazine's* 2018 Women of The Year. Most recently, Trinea spoke at the 2019 United Nations Summit with the group RISE in hopes to help pass the World Wide Survivor Bill of Rights.

Trinea dedicates her time and efforts at WC SAFE to prevent anyone from repeating her experience, Trinea is on Michigan State University's Sexual Assault Nurse Examiner Advisory Board and served as a co-curator for the Finding Our Voice exhibit at the Michigan State University Museum.



# 2018 Financials

## Net Assets

Beginning of Year

**\$417,944**



## Net Assets

End of Year

**\$624,941**

## Change in Net Assets

**+\$206,997**

## Support & Revenue

Grants & Contributions	\$2,128,279
Donations	\$41,871
Miscellaneous Revenue	\$3,872
Net Assets Released From Restrictions	\$238,225
<b>Total Support &amp; Revenue</b>	<b>\$2,412,247</b>

## Expenses

Program Services	\$2,084,075
Supporting Services	
Management & General	\$144,552
Fundraising	\$10,130
<b>Total Expenses</b>	<b>\$2,238,757</b>

# Thank You Donors



## To Our Donors,

The WC SAFE Team would like to thank you for your continued support of the services that we provide to those affected by sexual violence. Your commitment to WC SAFE is a commitment to immediate and ongoing comprehensive services at no cost to victims. You encourage survivor healing and empowerment, while promoting public awareness and leading social change.

The money donated is used for crisis intervention, medical-forensic care, counseling and survivor advocacy. The impact we have had on our community is far more than can be quantified and important work couldn't happen without you. Last year, donations helped WC SAFE provide 850 victim exams, 3,744 hours of survivor counseling, and 3,416 instances of advocacy!

As WC SAFE looks to increase capacity to care for and improve the response to those impacted by sexual violence, we hope that you will continue to support us through ongoing charitable giving. WC SAFE is planning to establish a healing center, the first of its kind in the nation, to revitalize the way our community responds to and supports survivors of all types of sexual violence. To accomplish this, we need your help! We hope you will join us on our journey to be nationwide leaders in the fight for survivors of sexual violence.

# Ways To Help

## Donate

Donations fuel the continued success and growth of WC SAFE!

Every donation makes a difference when it comes to providing survivors with resources and support. One time donations can be made online at [www.wcsafe.kindful.com](http://www.wcsafe.kindful.com).

Monthly giving through WC SAFE'S Survivor Strong program to stop sexual assault and human trafficking, support survivor healing, and lead social change is also an option. Benefits include reduced fees for WC SAFE events, special member events and e-blasts, and most importantly, creating lasting impact with your gift by providing direct support to survivors during their healing process.

**To sign up please reach out to Trinea Gonczar at:  
(313) 964-9701 or [tgonczar@wcsafe.org](mailto:tgonczar@wcsafe.org).**

## Volunteer

Are you interested in working to end violence in your community?

WC SAFE has volunteer positions available:

- Crisis Intervention/Survivor Support Services
- First Response Team
- Prevention & Education
- Community Organizing & Outreach
- Marketing & Fundraising
- Administrative Support

All volunteers will be asked to complete an application and interview, submit to a background check, and commit to a minimum of 6 months of volunteering. For more information on additional volunteer requirements or to request an application, contact us at [wcsafe.org/contact/](http://wcsafe.org/contact/)



# Mission Statement

WC SAFE inspires healing and empowerment for those affected by sexual violence through free and immediate comprehensive services; promotes public awareness; and advances social change. #inspirespromotesadvances

**Crisis Pager:** 313-430-8000 **General Phone:** 313-964-9701

**Address:** 2727 Second Avenue, Suite 300 Detroit, Michigan 48201

**Website:** [www.wcsafe.org](http://www.wcsafe.org)



@wcsafe



@wcsafe



[www.facebook.com/WCSAFE/](http://www.facebook.com/WCSAFE/)