



**Avalon Healing Center, a 501(c)(3) nonprofit**  
**Board of Directors Application**

**MISSION STATEMENT**

Avalon inspires healing and empowerment for those affected by sexual violence through free and immediate comprehensive services; promotes public awareness; and advances social change.

**OUR WORK**

We pride ourselves on providing immediate and compassionate care within the first 120 hours following a sexual assault, as well as during the aftermath of this violent crime.

Our services are comprehensive, including medical-forensic exams, crisis intervention, counseling, advocacy, community awareness, social/systems change, and expert witness testimony.

**BOARD MEMBER INFORMATION**

Thank you for your interest in serving on the board of directors and relevant committees at Avalon Healing Center. We are dedicated to recruiting passionate individuals who are committed to our mission and willing to contribute their time and expertise to help us grow and strengthen our organization.

**Expectations and Responsibilities:**

- **Commitment:** Devote approximately 4-8 hours per month to board meetings, committee meetings, emails, and other activities.
- **Participation:** Attend at least 75% of board and committee meetings, join one committee, and attend events each fiscal year.
- **Preparation:** Review agendas and supporting materials prior to meetings.
- **Engagement:** Actively participate in discussions and be open to diverse opinions.
- **Fiduciary Duties:** Understand and monitor financial statements and audit reports.
- **Ambassadorship:** Represent Avalon Healing Center in the community and support fundraising efforts.
- **Support:** Uphold decisions made by the board and assist in the succession of future board members.
- **Donation:** Make an annual personal donation to the general fund at a level comfortable for you

Board membership is a volunteer duty. Your dedication and contributions are vital to our success.

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**1) PERSONAL INFORMATION**

<b>Name:</b>	
<b>Address:</b>	
<b>Preferred Phone Number:</b>	<b>Email Address:</b>
<b>Employer and Employer Address:</b>	<b>Industry:</b>
<b>Preferred Method of Contact:</b>	

**2) VOLUNTEER and BOARD EXPERIENCE**

<b>Please tell us about your past and present experience including boards, committees, task forces or other volunteer experience.</b>
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**3) MOTIVATION and INTEREST**

<b>Why are you interested in our organization and what excites you about our work?</b>
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**4) SKILLS and EXPERTISE**

*(Select all that Apply)*

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|---|--|--|
| <input type="checkbox"/> Public Relations                                 | <input type="checkbox"/> Strategic Planning                | <input type="checkbox"/> Facilities                      |
| <input type="checkbox"/> Reading/Understanding Budgets and Balance Sheets | <input type="checkbox"/> Social Media                      | <input type="checkbox"/> Real Estate                     |
| <input type="checkbox"/> Public Policy/Advocacy                           | <input type="checkbox"/> Marketing                         | <input type="checkbox"/> Financial Investment Management |
| <input type="checkbox"/> Legal Expertise                                  | <input type="checkbox"/> Web Design                        | <input type="checkbox"/> Other: _____                    |
| <input type="checkbox"/> Public Speaking/Presentations                    | <input type="checkbox"/> Fundraising                       | <input type="checkbox"/> Other: _____                    |
| <input type="checkbox"/> Accounting                                       | <input type="checkbox"/> Grant Writing                     | <input type="checkbox"/> Other: _____                    |
| <input type="checkbox"/> Event Planning                                   | <input type="checkbox"/> Information Technology            |  |
| <input type="checkbox"/> HR/Administration                                | <input type="checkbox"/> Professional Nonprofit Experience |  |

**5) COMMITMENT**

<b>Are you able to commit to attending at least 75% of board and relevant sub-committee meetings (Yes / No)</b>
<b>Are you able to commit to joining at least one committee (Yes / No)</b> <i>Sub-committees include governance, finance, marketing, and fund development / capital campaign</i>
<b>Are you able to devote approximately 4-8 hours per month to board meetings, committee meetings, emails, and other activities (Yes / No)</b>
<b>Are you willing to make an annual personal donation to our general fund for an amount of your choosing (Yes / No)</b>

## APPLICATION SUBMISSION

Please email your completed form to [board@avalonhealing.org](mailto:board@avalonhealing.org).

Once submitted, someone from our Governance Committee will connect back with you. We appreciate all interest in volunteering for Avalon Healing Center and hope we can count on your support for our mission regardless of whether we can offer you a position on the board at this time.